



## Gum Surgery

If you received gum surgery in our office recently, here are a few things to be aware of.

- ✓ *Pain, swelling, and bleeding is normal following gum surgery. A cold compress should be placed on your face near the surgical site for 10 minutes at a time, with 5 minutes off, the day of your surgery. This will reduce pain, swelling, and bleeding.*
- ✓ *Take your prescribed medications as instructed.*
- ✓ *You should keep your appointment for follow-up with your dentist.*
- ✓ *Do not raise your lips and probe the area with your fingers.*
- ✓ *Do not brush your teeth near the sutures. However, you should brush and floss the rest of your teeth as you normally would.*
- ✓ *You may experience loss of sensation at the surgical site, and nearby teeth may feel loose for a while.*
- ✓ *Do not spit or use a straw the day of your procedure. Avoid smoking for a few days.*